

## Alive to the world Year 1: Getting to know myself

Unit	Topic		OBJECTIVES	CONTENTS
Unit 1	I AM ME!	OBJECTIVE 1	To help the child use and grow accustomed to using his first and last name as a way of identifying himself.	First and last name: their importance. Difference between first name and last name.
		OBJECTIVE 2	To help the child acquire knowledge of his body.	Body parts: Head (eyes, nose, mouth, ears, hair), arms, hands, legs, feet.
		OBJECTIVE 3	To help the child acquire knowledge of the use and functions the parts of his face and extremities have.	Use of: eyes, nose, mouth, ears, arms, hands, legs and feet. Similarities and differences between a child and his class mates
		OBJECTIVE 4	To help the child acquire knowledge of the similarities and differences that exist between himself and the people around him.	Physical characteristics Tastes Behavior
Unit II	WHAT I FIND IN THE WORLD	OBJECTIVE 1	To help the child to acquire knowledge of nature's elements.	Animals, plants, human beings, sun, air, mountains, earth and water
		OBJECTIVE 2	To help the child acquire knowledge of his special characteristics as a human being.	Capacity to think, understand, speak, create. Manifestation of different sentiments. Responsibilities of the human being towards
Unit III	BEFORE I WAS BORN	OBJECTIVE 1	To help the child to develop his capacity to understand that love is the base of making a home.	Love and affection between man and woman as the basis of family. The home as a community of love
		OBJECTIVE 2	To help the child to form an attitude of valuing the cares her parents had for her before she was born.	Actions parents take because of the love for their child that is going to be born. Emotional, material and spiritual aspects of these actions.
Unit IV	MY FAMILY	OBJECTIVE 1	To help the child develop the capacity to understand what a family is.	The family members: parents, siblings and grandparents.
		OBJECTIVE 2	To help the child form an attitude of appreciation for the cares she received from her parents when she was a baby	Cares a child receives from her parents as a baby
		OBJECTIVE 3	To help the child acquire the disposition to communicate in an effective way with the members of his family.	Actions in which the parents' love and that of the rest of the family is manifested toward the child. Actions in which the child's love towards his parents and the rest of the family is manifested.
Unit V	I AM A HEALTHY CHILD	OBJECTIVE 1	To help the child appreciate the concerns and actions his parents take to enable him to be a healthy child.	Personal cares performed by the parents: - Medical supervision - Dental supervision - Nutrition - Protection - Entertainment
		OBJECTIVE 2	To help the child acquire knowledge of the rules that must become habits of hygiene, regarding not only cleanliness but also prevention of illnesses.	Habits of personal hygiene: - Cleanliness - Illness prevention