

Alive To the World year 5 - Caring and Sharing

Chapter	Topic	Content	Activity Objective - Understanding	Activity Objective - Accepting	Knowing Objective - Doing	Specific Resolutions	Comments
1. A New Home	The first community we belong to is the family, which we can depend upon	Family bonds	To understand that every human being is a member of a community through his or her family.	To identify him- or herself as an active and positive member of his or her family	To participate actively with his or her family	To notice and participate actively in family activities, appreciating their value by recording them.	Unit I: Living in Community
		Never really alone				To do one more chore per week in order to contribute to the whole of the family.	
		Home is where the heart is					
		Together we can do it					
2. Finding a New World	Being part of a community implies responsibilities.	Fitting in	To understand the need for rules, norms, and responsibilities in good community living	To feel the importance of following rules in order to facilitate and optimize life in common.	To make an effort to cooperate with rules and norms as the best way to fit into a community and help it flourish.	To notice what groups they are part of throughout a day.	
		When in Rome, do as the Romans do				To list and perform two responsibilities they can do in each group to fit in better and promote belonging.	
		Attitude and aptitude					
		Rules and responsibilities					

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3. Hey! That's Mine!	We have a right to own things and to expect others to treat them with respect	Sharing and owning	To understand the concepts of ownership and property	To accept the responsibilities of ownership	To take care of his or her own things as well as sharing things, time, and activities with the groups to which he or she belongs.	To appreciate and respect the things they own—specifically, to clean their own rooms or areas at home this week.	
		Respecting property				To return anything a friend has shared with them that they have not yet returned; to check due dates on library books and return them promptly.	
		Sharing too much					
4. The Sweater	Respecting the property of others.	Finders keepers, losers weepers?	To understand the reciprocal relationship between having one's own property respected and respecting the property of others.	To discover the value of reciprocal responsibility as a consequence of mutual respect	To show scrupulous respect for others' property	If there is not one already, establish and decorate a "Lost and Found" box in the classroom and use it.	
		Attitudes of disrespect				To clean the classroom, returning anyone's lost property to them, and to neatly arrange books, jackets, backpacks, etcetera.	

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		Throw away culture				If they have damaged anything that a friend shared with them, to try to make up for the damage by getting the thing repaired or replacing it.	
5. Yours, Mine, and Ours	Living is sharing; we must learn to share our things, time, and activities with others	Sharing well	To understand that respect for other people's things makes sharing possible and easy	To want to care for and share things in common	To share and care for things that are held in common	To always ask someone's permission before using their property	
		An example of great sharers	To understand that we are all active members of the communities we live in and that therefore there are many things we share with others		To lend and borrow in reciprocal relationships of trust	To show hospitality to visitors or newcomers through sharing	
		Sharing common property	To understand that some things are owned in common			To do a class "clean-up" project on school grounds or a street-sweeping project on nearby streets	
		Sometimes we don't notice how much others are sharing					

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6. Pedro's Ball	Selfishness produces sadness and loneliness	Giving and receiving	To understand that a generous and open attitude promotes fun and friendship	To value being open and generous in attitudes as well as with belongings	To participate in activities in a sharing, generous, and thoughtful way	To examine themselves when they share as to what "strings" they attach to their sharing. Is the exchange mutually fair?	
		Fair sharing				To share more generously, trusting that what they give, they will receive back, even if it is from a different source or in a different form.	
		Looking at right and wrong from the perspective of motive					
7. The Shiny Pot	Giving to others makes us happy	Sacrifice	To discover how the habit of joyful giving makes one a happy person	To be willing to be generous and spontaneous with others	To make effort to grow in generosity with both time and material things	To give at least one small good or service each day and watch the benefits grow.	Unit II: Community Is Sharing
		The reward					
		Giving multiplies					
8. Lord Bountiful	Gratitude	Gratitude	To recognize the importance of gratitude	To feel gratitude and the need to show it	To show gratitude for efforts made	To keep a little "gratitude" notebook. Each day for a week they should note three things that they are grateful for.	
		"Special" lessons	To learn it is important to say thank you				

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			To understand the position of the one who is giving				
9. My Word, My Bond	"You are as good as your word."	Only words?	To understand why it is important to keep our promises	To value responsibility and holding to commitments	To make the effort to promise only what he or she can actually do because of the importance he or she attaches to giving one's word	To practice keeping one's word in little things so as to prepare to keep one's word in big things.	
		Word and deed				To remember, even when it's difficult or comes at a sacrifice, that it is worth it to keep one's promises.	
		Life's promises					
10. Honor	Returning borrowed things in good condition is another way of keeping a promise	Carelessness	To understand the commitment taken on when borrowing something	To understand the circuit of trust that forms when people live up to their promises and how that circuit is broken when people do not	To make more effort to honor other people's property and promises made in regard to it	To take better care of others' things and to return things to their owners in the same condition they were in when borrowed.	
		The hidden promises of borrowing	To realize that trust depends on returning borrowed things in good condition and in good time			If the borrowed item is damaged in some way, students should be resolved to be honest about it and to repair or replace it.	

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		Honoring promises	To understand that a person's honor depends upon honoring one's word and commitments			To build one's own integrity by honoring one's word in small situations and large.	
		Consequences				To prepare to accept the consequences of their actions or lack of actions.	
		Accepting consequences					
11. The Future Me	I want to be "somebody"	The law of cause and effect	To understand the importance of self-determination	To accept the "law" of cause and effect	To observe and differentiate between honorable and untrustworthy behaviors	To write down the name of a hero or heroine as well as a maxim or piece of advice they want to live by and to measure their own actions throughout one day to see if they live up to these ideals.	Unit III: My Personality
		Growing into someone great is our responsibility	To understand that a person is respected and treated according to his or her actions	To desire to be a person of integrity	To make effort each day to strengthen his or her own character		
		Identifying ideals helps us know how to act	To learn that who we become in life depends on what kind of person we aspire to be	To identify with being honorable			
		Knowing what I want is helpful					

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12. Keeping at It	Success takes effort, self-discipline, and perseverance	The longest journey begins with the first step—don't procrastinate	To discover that making an effort and persevering are values which help a person reach his or her goals in life	To desire to learn perseverance in order to reach his or her goals in life	To look for opportunities to make his or her best effort in small things and large	When faced with a daunting task, they will remember to break it into manageable portions, overcome their resistance to getting started, and keep at it until they are done.	
		Manageable portions	To understand that effort is an investment which pays back bountifully				
		Rolling up one's sleeves	To realize that the quality of his or her life will depend on integrity and perseverance				
13. The Diamond in the Rough	Not judging by appearances but by character	All that glitters is not gold	To realize the difference between superficial pleasantness and attractiveness and real worth	To become interested in seeing character in young people and adults	To observe people more objectively, avoiding making superficial judgments	To look at people from the "inside out."	
		Choosing friends by the right criteria	To become discerning.				
14. The Friend	Cultivating friends and cooperation are abilities to be learned.	Compare and contrast—false friends and true	To see friendship as important for growth and maturity	To desire to be a good friend and to have good friends	To seek to develop the skills of generosity and cooperation that build authentic friendship	To take steps to make new friends or to strengthen existing friendships by becoming more interested in the other person.	

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		Bullies	To understand that cultivating friends requires a certain effort to be outgoing	To be aware that true friendship implies justice and objectivity	To not allow others to take advantage of his or her good will	To stand up for themselves assertively, without becoming offensive themselves.	
			To realize that care must be taken not to be used by others				
15. Each His Own	Each person has unique gifts and talents to offer. While there is great diversity among people's strengths and abilities, all are needed and worthwhile.	Unity in Diversity	To identify him or herself as someone who is important and called to be his or her best.	To feel that his or her actions are important and that others need his or her care and friendship	To show appreciation of friends and family members	To look for and appreciate the diverse strengths or talents of themselves and others.	
		Pulling together	To understand that "it takes all kinds" of people to make a world	To feel comfortable with his or her own personality		To not tease or otherwise exclude those who are different.	
16. Little One	All that has been learned in the previous chapters is true also in the family	Inborn worth	To discover that the team spirit and spirit of belonging in the family are valuable and require effort	To identify with his or her own family and enjoy the diversity presented there	To relate more willingly to each member of his or her family, consciously noticing the unique strengths of each one	To contribute to their homes this week through cheerful, helpful attitudes, smiles, love, a hug for a weary family member, a little kindness, a thoughtful word.	
		Attained worth					

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		Family unity generates worth					
		The littlest ones may sometimes contribute the most					
17. Wild Goose Chase	Thinking before acting in order to avoid mistakes	Good intentions; thoughtless actions	To recognize the need to think and plan before starting a new project or making a decision.	To aspire to be a prudent planner	To stop to analyze possible results before taking action	To notice times during the next week when he or she wants to rush ahead into something without really thinking about it.	Unit IV: "Thinking and Doing"
		Planning				To practice counting to ten or one of the other ways students brainstormed to calm down under the influence of strong emotion so one can plan.	
18. Thinking Things Over	The ideal process for all actions is: to think, to act, and to evaluate.	Learning from our mistakes	To understand that the best preparation for future actions is the evaluation of past actions.	To not be afraid to examine and evaluate past actions	To begin to develop the habit of evaluating his or her own performance in everyday matters.	To have a positive attitude about mistaken actions and to be willing to look at them without shame or fear in hopes of avoiding them in the future.	

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		Learning from others' mistakes				To apply evaluation not only to mistakes but to all of life's circumstances in order to continually improve.	
19. Audition	Competition is a way of measuring ourselves compared to others and helps us to develop.	Competition	To understand the value of effort and perseverance in competition	To lose his or her fear of competing and losing	To begin to take on challenges in order to learn to do better	To not lose hope because of competition; to welcome it as a great skill-sharpener and learning tool.	
	Healthy and friendly competition will make us more competent.	Fear of losing	To understand the need for competition for personal and group excellence	To realize the benefits of competing with better performers in order to learn from them		To compete in the contest itself, not in name-calling, jealous remarks, put-downs or cat calling.	
			To realize the need to compete, even when bound to lose	To enjoy discovering strengths and weaknesses through competing			
20. Wining and Losing	Our goal is to win, but if we lose we can learn a lot for next time.	Pride goes before a fall	To understand that both failures and triumphs are simply steps in our lives on the way to our goal	To admit failure or defeat with an analytical attitude	To begin to see errors as a learning process both as an individual and as part of a group	To check themselves for "sour grapes" attitudes when they lose in a competition.	

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		May the best man win		To know that he or she can do better next time	To measure his or her success according to a learning process	To check themselves for pride and overconfidence and to try to develop humility about their accomplishments and the process of competition.	
		Competition and jealousy		To be proud of success but wary of being overconfident			
21. Learning from Leonard	Self-determination and being responsible for one's actions	Maturity	To understand that you are responsible for your own life and actions	To feel ready to develop self-control and perseverance as means to growing stronger and more mature	To voluntarily take on actions of self-discipline in order to strengthen resolve and character	To exercise self-control during emotions like anger or fear or when other people are provoking them.	
		An historical loss of control	To realize that now is the time to learn and to develop responsibility and self-control				
22. Charles the Great	Developing the capacity to discern and choose well	Instinct versus choice: animal versus human	To identify and distinguish positive and negative values in order to evaluate a choice	To accept that it is his or her personal responsibility to recognize positive and negative human values in order to make good decisions and choices	To observe and analyze his or her own performance in light of good values	When presented with a choice, to measure it against good values in order to make the right one.	
		Measuring choices against values					

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		Values are universal, though the form may vary					
		Living up to our highest values gives us self-esteem					
23. I'm Sorry	We all need forgiveness sometimes and must ask for it by apologizing.	Pride	To understand that apologizing and accepting apologies make us bigger people and help our friendships grow	To feel that apologizing makes him or her larger as a person, not smaller	To develop the habit of apologizing and of accepting apologies with an open heart	To apologize to one person they owe an apology to within the next week.	Unit V: Sharing Things of Value
		The relief of apologizing					
		Written apologies					
		Forgiving and being forgiven					
24. Thank You	A sign of intelligence and strength is the ability to be grateful and to say "Thank you."	Noticing things to be grateful for	To understand gratitude as an essential part of justice and of a positive attitude towards life and others	To feel that it is right to thank those who do things for us	To make an effort to thank people	Make a list each day of five things he or she is grateful for.	
		Gratitude is sign of awareness and intelligence				To thank the appropriate parties for those five things.	
		Everyone likes to be thanked					
		Gratitude and fairness					

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25. The Best Things in Life are Free	Fun depends on the people, not the amount of money spent.	The best things in life are free	To discover that fun is good and that lack of money should not limit it	To realize that the joy of friendship far outshines material resources	To look for opportunities to learn and develop abilities and activities that contribute to good, clean fun	To make a list of activities they enjoy that cost little or no money that emphasize relating well with others (not video or computer games!). When they are bored, they should take out these lists and choose an activity to do.	
		Games	To learn that humor, story-telling, singing and companionship can be enjoyed at no cost				
		Inventing fun					
		Having fun is good for you					
26. Blackout!	Laughter is free.	Fun without fetters	To discover the fun of using the imagination and creativity	To identify with light-heartedness and desire to be witty and fun	To be open to activities that promote good-natured fun among friends and family in which the personality of each person can be expressed	Children will propose inventive and fun games in their families one night this week.	
		The boundless imagination	To understand "good clean fun"	To identify with kindly humor and fun that includes the whole group			
		Parlor games					

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27. Heroes	The models that we admire tell us something about where we are heading in our lives.	Celebrity	To understand that it is important to follow models who represent values that will be positive for his or her life	To identify with models typifying positive values	To analyze his or her role models and people he or she admires for the positive and negative values they represent that would affect his or her life	To begin to identify positive and negative traits in his or her heroes and heroines	
	Examining these can be interesting and useful.	Unsung heroes	To understand that many celebrity models represent values incompatible with happy lives	To accept that each person has strengths and weaknesses	To list the virtues and values that he or she would like to develop	To begin to identify his or her own unique talents	
		Personal uniqueness	To realize that values determine the kind of life he or she will have	To accept that many stars have qualities that should not be imitated			
		Heroism					
28. True Friend	An examination of the elements of friendship and popularity	Popularity	To understand that true friendship is seen in loyal and generous actions and cannot be bought	To discern the real values of the "popular" members of his or her school as opposed to the value of true friends	To look for friendships based on real values rather than trying to be popular by imitating those who seem to be popular	To make genuine friendships through being interested in others and loyal, honoring one's promises	
		Genuine Friendships	To realize that sometimes "being popular" is an empty feeling		To recognize the leadership of the outstanding members of his or her school	To approach one new person this week and show interest in them	

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29. Prairie Adventure	The importance of expanding our minds through reading and imagination	A good story	To understand that books bring us enormous knowledge as well as entertainment	To decide that reading is useful and fun	To start to read some books which are not school assignments	During this week, select one book to read for pleasure.	
		The world of the imagination			To find time for some reading each week		
20. Try, Try Again	The importance of effort and constancy in training in order to be good at anything	A lesson for life	To understand that as he or she grows older, the challenges continue	To accept that effort is needed all through life	To willingly sign up for group activities or individual tasks that will require preparation, effort, and perseverance	During the next week, to persevere at tasks and activities until some resolution or breakthrough is reached, reminding him- or herself that one must “try, try again” in order to succeed at anything.	Unit VI: Sports and Real Life
		Abebe Bikila—model of perseverance	To understand that effort, perseverance and training are important now and will be then	To resolve to make a habit of making effort		To report to the class any valuable experiences that come about through not giving up.	
		Learning through trial and error	To realize that perseverance and effort are the secrets to success.				
		The world is richer because of people who tried and tried again					

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31. Fair Play	The importance of fair play	The good opinion of others	To understand that cheating and shortcuts are detrimental to good relationships	To resolve to be known for his or her fair play	To act honestly even if it means losing a game or an advantage rather than to cheat	To practice being a good sport and a person who upholds fair play, on the field and off.	
		Trust is the foundation of good relationships	To realize that training and perseverance are more effective than expedient ways out and "quick fixes"		To be proud to make a sacrifice for the sake of fair play		
		Playing fair					
		Being a good sport - even when things don't seem fair					
32. Inside and Out	Personal cleanliness is healthy and positive.	Good hygiene	To understand that personal cleanliness is becoming more necessary and more of a responsibility now	To see personal hygiene and good grooming as appropriate and desirable for his or her age	To take care to shower and use deodorant each day	To keep a week-long shower/brush/floss log to make sure they are doing these things at least twice a day	
		Dental hygiene	To understand that good grooming is important		To brush teeth at least twice a day	To look for opportunities to be honest and forthright	
33. Where Did I Come From?	The unique identity of each person from conception through heredity	Cells	To understand the role of inheritance in the identity of each individual	To accept the fact that he or she is a unique individual yet with inherited characteristics	To make an effort to notice the characteristics which are inherited and which are unique	To notice and appreciate inherited tendencies, both physical and mental.	Unit VII: Sharing Life
		DNA, chromosomes, and genes	To be introduced to the role of DNA				
		Heredity					

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34. All in the Family	Making the most of our identity	Dominant and recessive genes	To know that inheritance is important but they we are formed by our families and by the decisions we make also	To accept and be happy with the identity he or she has received	To strive to develop his or her potential, conscious of the importance of these efforts for his or her future life	To show more appreciation of the family they belong to by noting and commenting on similar traits they are grateful to have.	
		What I can control					
		Belonging to a family					
35. An End and a Beginning	A glimpse of what lies ahead in puberty	XX and XY chromosomes	To know that childhood is precious but will end	To accept and value their bodies and know that future changes are natural and will be good.	To show respect for him- or herself and for others and to prepare for the challenges of growing up.	To view family life as important	
		Mothers and fathers to be	To understand that with growing up there are many responsibilities			To view marriage as the proper place for inheritance and love	
		Budding sexuality	To know that responsibilities are wonderful but need preparation				
		Love					